

Dear Preschool Family,

We have a community snack policy in that each family is responsible to provide snacks twice during the school year (just once for T/Th families). You will provide **5** bulk items on your assigned month. A bulk item should feed approximately **15 children** in the T/Th and M/W/F class and **18 children** for Pre-K. An example of 1 bulk item would be 1 bag of pretzels. Snacks are shared throughout the program to make the most of our resources and avoid wasting food.

Our goal is to try to provide healthy and nutritious snacks and save treats for special occasions. **Please select food choices from the list below.** You can find a calendar on the back of this paper. The preschool will provide water for the children to drink, unless a special occasion where we may have juice or milk. Lastly, we are a peanut free zone. Items that contain peanuts or tree nuts are prohibited in the classroom.

Sincerely,

St. Catharine Teaching Staff

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Family: \_\_\_\_\_ Month(s): \_\_\_\_\_

Please provide \_\_\_\_\_ items from the following list. A rule of thumb is that each item should feed 15 children.

**Due to allergies- please check all snack items are nut free.**

Pretzels	Pudding
Animal crackers	Jell-O
Wheat crackers	Applesauce
Saltine Crackers	Cheese (cubes, sticks, slices)
Graham Crackers	Hard boiled eggs
Raisins	Fig Newton
Cereal	Fruit cups
Goldfish	Mandarin Oranges (cans)
Cheese Crackers	Vanilla Wafers
Carrot Sticks	Cottage cheese
Celery Sticks	Bagels & cream cheese
Cereal bars	Fruit Cups
Tortillas with shredded cheese	Yogurt (large tub or individual)
Tortilla Chips	
Fresh Fruit- <i>apples, bananas, grapes, strawberries, watermelon, etc</i>	
<i>(4 apples is considered 1 bulk item)</i>	

***Don't see something you think the children would like? Check with us and we can make arrangements.***

**Class: T/Th (14 children )****Bulk Items**

September	Allwein, Anderson	5
October	Antonelli,	5
November	Brann	5
December	Calderone	5
January	Dokko, Frencho	5
February	Harris, Horvath	5
March	Sokolnicki	5
April	Sweeney	5
May	Weise	5

**Class: M/W/F (16 children)****Bulk Items**

September	Baratta, Belcher, Cortina-Roscoe, Dabbelt	5
October	Dunlevy, Elmessoussi, Hickman	5
November	Juneger, O'Malley, Plank, Plank	5
December	Porter, Reis, Scherer, Santorsola	5
January	Baratta, Belcher, Cortina-Roscoe	5
February	Dabbelt, Dunlevy, Elmessoussi,	5
March	Hickman, Junger, O'Malley	5
April	Plank, Plank, Porter	5
May	Reis, Scherer, Santorsola	5

**Class: Pre-K (19 children)****Bulk Items**

September	Williams (O), Blair, DeMatte, Dokko	5
October	Dorsett, Grzbicki, Henney, Moore	5
November	Neal, Noles, Ryan, Schindler	5
December	Springer, Williams (H), Wilson	5
January	Williams (O), Fahs, Blair, DeMatte	5
February	Dorsett, Grzbicki, Henney,	5
March	Neal, Noles, Ryan, Schindler	5
April	Williams (H), Moore, Dokko	5
May	Springer, Wilson, Fahs	5